

Corby Athletic Club

Rockingham Triangle Athletics Stadium

This is an addition to our full Stadium risk assessment to cover issues during this global pandemic!

This is a further update to coincide with the return to normal (almost!) Club night training!

COVID-19 Risk Assessment (As per Government / UKA Guidelines 4th Aug 2020)

Carried out 14/08/20 Assessor: Bill Boyd

1/ **Risk/Hazard:** Infection/cross contamination

Measures to reduce risk: No one will be allowed in the Stadium without Hand sanitising Gel! Anyone with even a slight temperature should not consider training or attending at the Stadium for any reason. We advise to bring mask for possible use on club night if there is a queue to enter Stadium or if a build up of members of other sports personnel using the entrance area.

- (a) **Stadium equipment.** In term of Javelin, Shot, Discus and Hammer athletes and coach must clean the implement and hands before use. The athlete must use the same implement for the duration of the session. In terms of high jump/pole vault beds they must be cleaned before and after each group of up to 12 athletes has trained. The sand pits must be turned/raked before and after every jump and each group using. Rakes, brushes, measuring tapes etc must be cleaned and sterilised before and after each session by the coach or designated helper. Hurdles can be used by a coach and athlete provided the equipment is thoroughly cleaned according to guidance before and after each session. Starting blocks should be used just by one athlete and thoroughly cleaned according to guidance.
- (b) Notices have been placed on equipment and strategic places inside and outside the Stadium to ensure everyone adheres to instructions shared by the club before training commences!
- (c) Athletes to use perimeter paths around the stadium to get to their training base.
- (d) Toilets will be open but it would be appreciated if they would only be used in emergency circumstances only
- (e) Athletes/coaches should refrain from touching/leaning on the metal barriers situated all around the track.
- (f) At this moment in time tea bar wont be open but may be able to start serving again in the near future.

2/ **Coaching Guidelines!**

- (a) Coaches are now allowed to work with 12 athletes only while maintaining social distancing. If the athletes are under 18 a parent must be present and should also be respecting the required social distance.

- (b) It should be possible for up to three or possibly four coaches to work within the Stadium (with 12 athletes each) as long as they work together and are following the guidelines set!
- (c) Any person displaying any covid-19 symptoms or unwell as per Government guidelines will not be allowed to enter the stadium!
<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>